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Past President
Dr Sharat Menon

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Dr Bela Verma

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Dr Bharat Agarwal
Dr Bipin Shah
Dr P N Patnekar
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Dr Gurudutt Bhat
Dr Mangesh Kasle

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Dr. Yewale Vijay N
President 2014

Dr. Mehta Pravin J
Hon. Secretary

Dr. Bakul Jayant Parekh
Hon. Treasurer
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Monthly Meetings

6th, 13th, 20th, 27th June Friday : Clinical meetings

Institute
B. J. Wadia hospital
J. J. Hospital
K.E.M. Hospital
B.Y. L. Nair hospital
LTMG hospital

Head of department
Dr. S. Prabhu
Dr. N. R. Sutay
Dr. Mukesh Agarwal
Dr. Sandeep Bavdekar
Dr. Mamta Manglani

5th June Thursday : North west Mumbai pediatric meeting

Venue : Borivali Medical Brotherhood, Shri N. B. Chadwa Hall,
TPS Marg, Borivali West, Mumbai

Time : 08.30 am to 10.00 am

Enquiries to : Dr. Charu Suraiya 9820357632

5th, 12th, 19th, 26th June 2014: Postgraduate Grand Rounds

Venue : Pediatric Seminar Hall, Lokmanya Tilak Medical College, Sion

Time : 6:00 pm to 8:00 pm

Pediatric and Radiology Department (Pediatric-Radiology Meeting) of Nanavati Hospital.

1st Saturday of every month  Time : 9 am to 10.30 am.

Venue : Pediatric-Radiology Meeting
CT scan Department, Nanavati Hospital,
S V Road, Vile Parle West, Mumbai.

NO registration fee But COMPULSORY

Pediatricians are welcome.
PI SMS Ms. Deepali : 9969412934
E mail : nanavatipediatrics@gmail.com
Respected Teachers, Colleagues, Friends and Well Wishers,

Every once in a while in our association, we will face a new and surprising situation. If we think rationally, we would first dig into the past and check if we ever have faced a similar situation. If we haven't, then we will have to figure out some way to handle this. Most of them will have more than one possible solution and your decision will be needed to be given a deeper analysis and thought.

Conventional thinking will not help and ambiguity will stop many in their tracks. At such times, the more logical approach would be to consult a few colleagues and seniors who may have more experience in such situations. In the real world, most would take this approach and their success, ability and knowledge will only be enhanced with co-existence and a team approach.

We need to think of all our activities in the broader context of our organization and its long lasting culture. This is how as leaders, we would be perceived on our adaptability and flexibility which is always the way forward.

Naturally the transformation starts when you think out of the box and allow others to do so also. We can, lead, but the important thing is to admit and accept that there things you would like to learn, seek newer ventures and invite feedback to assess the various possibilities and thoughts which you would like to fructuously materialize.

This is the wonder of team work and the learning agility of our thought process, will only be complete when we are willing to adapt and recognize that team work is the only model to successful implementation of ideas.

Announcement - PG Lectures

The Indian Academy of Pediatrics, Mumbai has organised a two day lecture series for Post-Graduate Students (MD, DCH, DNB) on the 28th & 29th of June 2014. The lectures will be taken by eminent teachers from across the country. The detail programme will follow soon.
Rational Antibiotic Practices (RAP) - CME

Resistance to Antibiotics is one of the biggest public health challenges faced by this century presently. The time has come where, some of the bugs are resistant to all the highest possible class of antibiotics available today. Undeniably, a major cause of increasing anti-microbial resistance is the misuse and overuse of antibiotics by we clinicians in our individual practices. To improvise the concepts regarding the use of antibiotics in clinical practice, the Indian Academy of Pediatrics, Mumbai along with the Central IAP has organized a one day CME on Rational Antibiotic Practices (RAP) on the 6th of July 2014 at Grant Medical College Gymkhana, Marine Drive, Mumbai. The CME will have eminent faculty from the Medical Colleges and IAP to enlighten the delegates.

Venue: Grant Medical College Gymkhana, Marine Drive, Mumbai.

Date: 6th July 2014.  TIME:- 8.30 A.M. To 4.00 P.M.

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Time</th>
<th>Topic</th>
<th>Slide No.</th>
<th>No. of Slides</th>
<th>Time Allotted</th>
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<tr>
<td></td>
<td>08:30 to 09:30</td>
<td>BREAKFAST &amp; REGISTRATION</td>
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<tr>
<td>1</td>
<td>09:30 to 10:30</td>
<td>Introduction, When to use an antibiotic?</td>
<td>1 to 35</td>
<td>35</td>
<td>60 min</td>
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<td>2</td>
<td>10:30 to 11:30</td>
<td>How to Choose an Antibiotic?</td>
<td>36 to 68</td>
<td>33</td>
<td>60 min</td>
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<td></td>
<td>11:30 to 11:45</td>
<td>TEA BREAK</td>
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<tr>
<td>3</td>
<td>11:45 to 12:30</td>
<td>Know Your Antibiotics</td>
<td>69 to 87</td>
<td>19</td>
<td>45 min</td>
</tr>
<tr>
<td>4</td>
<td>12:30 to 01:15</td>
<td>How to Use Your Antibiotic?</td>
<td>88 to 108</td>
<td>21</td>
<td>45 min</td>
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<td>5</td>
<td>01:15 to 02:00</td>
<td>LUNCH</td>
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<td>6</td>
<td>02:00 to 02:45</td>
<td>Antibiotic Monitoring</td>
<td>109 to 129</td>
<td>21</td>
<td>45 min</td>
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<td>7</td>
<td>02:45 to 03:30</td>
<td>Changing Antibiotics</td>
<td>130 to 150</td>
<td>21</td>
<td>45 min</td>
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<td>03:30 to 04:00</td>
<td>Prophylactic Antibiotics</td>
<td>151 to 164</td>
<td>14</td>
<td>30 min</td>
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<td></td>
<td></td>
<td>and Preventing Antimicrobial Resistance</td>
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<td>04:00</td>
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RATIONAL ANTIBIOTIC PRACTICES (RAP) - CME

RATIONAL ANTIBIOTIC PRACTICES
REGISTRATION FORM
92/4 GEETA BLD DR BABASAHEB AMBEDKAR ROAD SION CIRCLE SION (E) MUM 400 022

NAME OF THE APPLICANT: .................................................................(Surname) .................................................................(First Name) .................................................................(Middle Name)

Designation: ...........................................................................................

MMC Registration No. ...........................................................................

Hospital Name and Address:

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State: .............................................. Pin Code .........................................................

Telephones: (CITY CODE) ...................................................

Resi: ................................ Off: ................................................ FAX: ...................................................

Mobile: ........................................................ Email ID: ...................................................

Residential Address:

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The Executive Board Meeting (EBM) of Mumbai branch IAP was held on the 13th of May 2014 at the IAP Mumbai office from 3.00 pm onwards.

The Meeting Was Attended By Following Members:-

1) Dr. Uday Pai
2) Dr. Sushant Mane
3) Dr. Bela Verma
4) Dr. M.R. Lokeshwar
5) Dr. Vijay Tuteja
6) Dr. Bakul Parekh
7) Dr. Kamlesh Shrivastav
8) Dr. Sujata Kanhere
9) Dr. Varsha Phadke
10) Dr. Sharat Menon
11) Dr. Barkha Chawla

The Agenda For The Meeting Was:

1) Events of MBIAP till May 2014 & Future Activities
2) Central IAP Weeks Celebrations – ORS, WBW, Teenage & Daughters
3) MAHAPEDICON 2014 – Progress & Registrations till date
4) Trademarking MBIAP Logo & EMBICON
5) Setting up MBIAP Constitution & Issuing ID cards to members
6) PAN & TAN number regularisation
7) Research & Academic Council
8) Office Staff – Duties & Responsibilities, Work Demarcation, Holidays, Daily Register
9) Matters related to office – Petty cash, Electricity Bills, New LCD projector, CCTV installation, other matters
10) Any other matters with the permission of the chair

The EBM started at 3 pm with the President of MBIAP Dr. Uday Pai welcoming all the members for the meeting. Then on the request of the President, Dr. Sushant Mane, present Secretary, gave a brief account of all the activities which were organised by the Mumbai IAP from January 2014 till date. This included various CMEs (Pediatric Gastroenterology, Epilepsy, etc), Workshops (PEICH, Rational Antibiotic Practices) apart from the monthly clinical meets & the Post-Graduate Lecture Series which was conducted on every Saturday afternoon from January to March. Following this, Dr. Pai also highlighted the upcoming events of the branch in the coming months viz; Pediatric Endocrine CME on 18th May 2014 & Micronutrients: Importance in Clinical Practice on 25th May 2014 to name a few.
The Branch would be organising various events as a part of Central IAP Week celebrations like the ORS week in the last week of July, World Breast Feeding Week in the first week of August & The Child Health Week which includes the Teenage Day & Daughter’s Day in the month of November. The various events like poster competition, Poem, Jingle & Elocution Competition, Street Play, etc for the undergraduates, postgraduates & nursing students would be held in conjunction with the Medical Colleges in Mumbai.

Following this, Dr. Pai threw light on the current status of MAHAPEDICON 2014. Already more than 450 registrations have been confirmed for the event & still many more are being added each day through the simplified online registration through the MAHAPEDICON 2014 website. The workshop details were also highlighted to the members with detailed programme of the Pulmonology Workshop at J.J. Hospital being uploaded on the website. The number of delegates to be included for the workshops was finalised to a minimum of 20 & maximum of 40 with the consensus of the chair.

The next point discussed was the trade-marking of the Mumbai IAP logo along with that of the name of the annual conference – EMBICON. The pros & cons of trade-marking were discussed & it was agreed consensually by the house to get the trade-marking done. The responsibility of conceptualising the Constitution of Mumbai IAP along the lines of the Central IAP constitution was accepted by Dr. Kamlesh Shrivastav. A 3 member team will be working on the constitution with Dr. Shrivastav and the final version will be put forward to the members for approval. In order increase the number of MBIAP members, the branch has already sent email notifications to all those paediatricians who are Central IAP members but not yet updated their details with the Mumbai branch. Dr. Pai also proposed to give Identity Cards to all the Mumbai branch members. The name on the TAN card of the branch was updated to Indian Academy of Pediatrics, Mumbai & similarly the change of the name on PAN card is in process.

Dr. Pai then put forward the concept of setting up a Research & Academic Council (RAC) with the idea of promoting academics in the Mumbai branch. The council will have a committee comprising of Dr. M.R. Lokeshwar, Dr. Mamta Manglani, Dr. Mukesh Agarwal & Dr. Kamlesh Shrivastav. Academics would consist of starting Fellowships in Mumbai, setting common practice guidelines, etc. Research activities would be conducting various clinical trials and a proposal to start a yearly journal of Mumbai IAP consisting of publications from paediatricians of Mumbai.

The final segment of the meeting was regarding common matters related to MBIAP office. It was unanimously agreed that only those delegates who attend any CME, conference or workshops organised by the MBIAP, in person will be entitled to get a certificate for the same. No extra certificates will be given to any person in absentia. Also, the members were told about the installation of CCTV cameras in the office premises, demarcation of holidays for the office staff & allocation of duties to them. The allowance for the office boys for CMEs on Sundays & holidays unanimously agreed at Rs.250 for half day & Rs.500 for full day events.
Dear IAPians,

It is with great pride and pleasure to announce, the Mumbai and Navi Mumbai branch are co-hosts to the prestigious Silver Jubilee "MAHAPEDICON 2014" to be held at the GRAND HYATT Hotel in Santacruz East, Mumbai.

This 25th Mahapedicon will be held on 7th - 8th - 9th November 2014. Please block these dates and register for the same.

Please find attached the brochure and details. You can also visit our website iapmumbai.org., mahapedicon2014.com

Our secretarait:

Organizing Secretary
92/4, Geeta building, opposite Sion Bus depot,
Near Chaggan Mitha Petrol Pump,
Sion East, Mumbai 400022
Tel. no. 022-24045803
mahapedicon2014@gmail.com

Details for registration: (Special rates applicable till June 30th 2014)

REGISTRATION:
IAP MEMBER : Rs. 5000
NON IAP MEMBER : Rs. 8000
Accompanying Member : Rs. 5000

ACCOMMODATION

DOUBLE SHARING PER PERSON FOR 2 nights/ 3 days all inclusive package: Rs. 9000
TRIPLE SHARING PER PERSON FOR 2 nights / 3 days all inclusive package: Rs. 8500

Example:
Registration IAP MEMBER + accommodation. = 5000 + 9000. = 14000
Registration Non Member + accommodation. = 8000 + 9500 = 17500
Member + accompanying = 5000 + 5000= 10000
Member + accompanying + accommodation= 10000 ( 5000 x 2 )+ 18000 ( 9000 + 9000 )= 28000

Multicity cheques in favour of "MAHAPEDICON 2014" or online on mahapedicon2014.com

Contact : Dr. BAKUL PAREKH 09821212887 bakulparekh55@gmail.com
Dr. UDAY A. PAI 09820060171 dr.udaypai@gmail.com
Mahapedicon 2014 Announcement

WELCOME
It gives us deep sense of privilege & pride to blow the “tutari” of ‘Mahapedicon-2014-Mumbai & Navi Mumbai’. The organizing committee welcomes you on 07th-09th Nov. 2014 for the academic Maha-event.

IAP Mumbai and Navi Mumbai branches are proud to host the 25th Annual Conference of Maharashtra Academy of Pediatrics in the year 2014. Every pediatrician in Maharashtra is eager to attend the annual event which has unique academic content to fulfill the needs of Pediatrician, Neonatologist and Intensivist.

The theme of the conference is “Love and Get Live…”, which ably tells the motto of our scientific committee. Rich academic content which will rebuild your basic fundamental of child care and also remind/brush your ethics in today’s fast pace newer diagnostic modalities of investigation. Clinically oriented intensive sessions and distinguished International and National Faculties will be the highlight of the mega-event.

Scientific Session Highlights
- Critical Care
- Social Issues
- Ethical Points
- Prevention - Vaccination
- Medical Education

Dr. Uday A. Pai
President - Mumbai IAP - 2014
Organising Chairman
Mahapedicon - 2014

Dr. Bakul Parekh
Secretary, Mahapedicon - 2014

Dr. Anil Raut
President, IAP Mumbai Branch - 2013

Dr. Vaibhav Pustake
Hon. Secretary

Dr. B. G. Randive
President, IAPM 2013-14 & Organizing Team

Welcome to Mumbai...
The city Mumbai, known as Bombay until 1995, is a great port city, situated on the west coast of the Indian peninsula. It is one of India’s dominant urban centers and, indeed, is one of the largest and most densely populated cities in the world. Deriving its name from Mumba Devi, a goddess of the local Koli fishing peoples, Mumbai grew up around a fort established by the British in the mid-seventeenth century to protect their trading interests along India’s western coast. The city’s superb natural harbor provided a focal point for sea routes crossing the Arabian Sea, and Mumbai soon became the main western gateway to Britain’s expanding Indian empire. The city emerged as a center of manufacturing and industry during the eighteenth century. Today, Mumbai is India’s commercial and financial capital, as well as the capital city of Maharashtra State.

For Details . www.mahapedicon2014.com | www.iapmumbai.org
Wife to her husband on the eve of their wedding anniversary:
“Darling, last night I had a dream that you presented me with a diamond ring on our wedding anniversary!” On the anniversary day, the husband brings a small beautiful gift-wrapped packet and hands it over to the wife. The wife anxiously opens the packet and finds a neatly wrapped booklet entitled: “How To Interpret Dreams.”

A Texan farmer goes to Australia for a vacation. There he meets an Aussie farmer and gets talking. The Aussie shows off his big wheat field and the Texan says, “Oh! We have wheat fields that are atleast twice as large.” Then they walk around the ranch a little, and the Aussie shows off his herd of cattle. The Texan immediately says, “We have long horns that are atleast twice as large as your cows.” The conversation has meanwhile, almost died when the Texan sees a group of kangaroos hopping through the field. He asks, “And what are those?” The Aussie replies with an incredulous look, “Don’t you have any grasshoppers in Texas?”

The owner of a large factory makes a surprise visit to check up on his staff only to find a young man leaning lazily against a post. “How much are you being paid a week?” asks the owner angrily. “One thousand bucks,” replied the young man. Taking out Rs.1000 from his wallet, the owner slapped the money into the boy’s hand and said, “Here’s a weeks pay - now get out and don’t come back. Turning to one of the supervisors he says, “How long has that lazy bum been working here anyway?” “He doesn’t work here” said the supervisor. “He was here just to deliver a pizza.”

**WORD POWER**

1) **Ichnogram**: A footprint, in ink on paper

2) **Meniscocyte**: A sickle cell

3) **Orchioscheocele**: Scrotal tumor with scrotal hernia

4) **Halophile**: A microorganism which requires a high concentration of salt for optimal growth

5) **Capeline**: A cap-shaped bandage for the head or for the stump of an amputated limb

**LAUGHTER CLUB**

- Wife to her husband on the eve of their wedding anniversary:
  “Darling, last night I had a dream that you presented me with a diamond ring on our wedding anniversary!” On the anniversary day, the husband brings a small beautiful gift-wrapped packet and hands it over to the wife. The wife anxiously opens the packet and finds a neatly wrapped booklet entitled: “How To Interpret Dreams.”

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Hormones are always known to play havoc with the body & mind; may it be our patients or us who keep on scratching our heads while dealing with the endless endocrine cases which we deal with in our daily practice. Keeping this in mind, the IAP Mumbai organised an exclusive Symposia on Pediatric Endocrinology on the 18th of May 2014 at The Vivanta by Taj President, CuffeParade, Mumbai.

The CME opened with registrations & breakfast for the delegates at 9 am. Dr. Uday Pai, President, Mumbai IAP began the academic session with a brief introduction on pediatric endocrinology. The first session was on Clinical Approach to Pediatric Obesity by Dr. Vaman Khadilkar, consultant Pediatric Endocrinologist at The Bharti Vidyapeeth, Pune. This was followed by a very practical talk on Thyroid Dysfunction in Children by Dr. Abhishek Kulkarni, Pediatric & Adolescent Endocrinologist at Jaslok Hospital, Mumbai. The importance of monitoring growth & the utility of Therapeutic Growth Hormone in clinical practice was very interestingly put forward by Dr. Nalini Shah, Professor & Head of Endocrinology at G.S. Medical College & K.E.M. Hospital, Mumbai. Childhood Diabetes is a growing concern with the practising paediatricians & the parents of children suffering from it. The practical issues regarding the management of children with Type I Diabetes were clarified by Dr. Anuraag Bajpayi, Consultant Pediatric & Adolescent Endocrinologist at Fortis Hospitals, Gurgaon. Lastly Dr. Vaman Khadilkar, briefed the delegates on how to approach a child with Disorders of Sexual Differentiation.

All the sessions had active participation by the delegates with very good interaction between them & the faculty. The CME concluded with lunch for all.
Pediatric Endocrinology Symposium – 18th May 2014

Indian Academy of Pediatrics, Mumbai. Monthly Newsletter, Vol.6, June 2014
Micronutrients: Implications In Clinical Practice - 25th May 2014.

A CME on 25/05/14 on "Micronutrition - implications in clinical practice" was organised in IAP Sion office to emphasize the importance of micronutrients in day to day practice. Dr. Tuteja inaugurated the CME by introducing the speakers and also gave a talk on "Osteopenia of Prematurity."

Dr. Bela Verma gave an update on 'Vitamin D - Rickets and Beyond' which highlighted the importance of Vitamin D supplementation right from the first day of birth, in newborns to the elderly people.

Dr. Murlidhar Mahajan spoke on "Zinc- Therapeutic Benefits and Immunity". It was an interesting talk revealing the multiple actions of zinc in metabolism, symptoms of deficiency and management.

New Epilepsy Definition Adopted

The International League Against Epilepsy (ILAE) has expanded the definition of epilepsy to incorporate a single unprovoked seizure with a probability of future seizures. The new definition also stipulates that epilepsy can be considered "resolved" if a patient has been seizure–free for 10 years, with no seizure medicines for the last 5 years. The previous definition stipulated that a patient needs to have 2 unprovoked seizures more than 24 hours apart.

Dr Robert Fisher at Stanford University School of Medicine, California published his data online April 14 and appearing in the April issue of Epilepsia, that describes the new epilepsy definition.

According to the new definition, epilepsy is a disease of the brain defined by any of the following conditions:

1) At least 2 unprovoked (or reflex) seizures occurring more than 24 hours apart
2) One unprovoked (or reflex) seizure and a probability of further seizures similar to the general recurrence risk (at least 60%) after 2 unprovoked seizures, occurring over the next 10 years; or
3) Diagnosis of an epilepsy syndrome.

Comments

The new definition incorporates "reflex" seizures, for example, seizures that occur upon exposure to flashing lights. The new definition includes "diagnosis of an epilepsy syndrome," or a collection of medical signs and symptoms, for example, benign epilepsy with centro–temporal spikes in kids. As before, a person could have definite epilepsy and the decision could be made not to treat; maybe the seizures are too minor or the treatment is worse than the risk of another seizure in the eye of the patient. Inclusion of more patients into the definition of epilepsy could affect estimates of incidence and prevalence.
Micronutrients: Implications In Clinical Practice - 25th May 2014.
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### Paediatric Respiratory

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<tr>
<th>DelPoclav</th>
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<th>DelPolite</th>
<th>DelPodine 30</th>
<th>DelPomOnt</th>
<th>Zentim Kid Inj</th>
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<td>TABS DT SUSP</td>
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<td>SUSP.</td>
<td>Ceftriaxone 500 mg + Tazobactam 62.5 mg</td>
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<td>Amoxicillin and Potassium Clavulanate 625 mg Tablets / 228.5, 457 mg Dispersible Tablet &amp; Oral Suspension</td>
<td>Cefpodoxime 200mg Tablets/50, 100mg Dispersible Tablets &amp; Oral Suspension</td>
<td>Ambroxol 30 mg</td>
<td>Fexofenadine 30 DT / Sus per 5ml</td>
<td>Montelukast 4 mg</td>
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### Paediatric GI

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<thead>
<tr>
<th>DelPonorm</th>
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<tr>
<td>Saccharomyces Boulardii 250 mg</td>
<td>Dicyclomine HCl 10 mg + Simethicone 40 mg</td>
<td>Ursodeoxycholic Acid 125 mg</td>
<td>Ondansetron Oral Solution 2mg/5ml</td>
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