









Join us for CME on:

**Precision Nutrition for Metabolic Health: Managing Inborn Errors of Metabolism** 

in Pediatric Practice

**Bridging Metabolic Insight** and Nutritional Expertise for **Optimal Patient Care** 

23<sup>rd</sup> February 2025, Sunday



SRCC Auditorium, 4<sup>th</sup> floor, SRCC Rehabilitation Centre, SRCC Children's Hospital, Managed by Narayana Health Haji Ali, Mumbai

#### Organized jointly by:

Conference Venue

Department of Pediatrics & Diet Department, Seth GS Medical College & KEM Hospital, Mumbai

MMC Credit points applied

SRCC Children's Hospital, Managed by Narayana Health Mumbai



Indian Academy of Pediatrics, Mumbai





# Scientific Program 23<sup>rd</sup> February 2025, Sunday

Time	Торіс									
08:30 am to 09:00 am	Registration and Breakfast									
09:00 am to 09:25 am	Inauguration and lighting of lamp									
09:25 am to 09:35 am	Vote of thanks - Pradnya Jadhav									
Session I	Торіс	Speaker	Chairperson							
09:35 am to 10:00 am (25 minutes)	The Eye Sees When the Mind Knows! When to suspect IEM	Dr. Mamta Muranjan	Dr. Bela Verma							
10:00 am to 10:25 am (25 minutes)	Add Subtract Substitute!! General Principles for Nutritional Management in IEM	Dr. Sheetal Mhamunkar	Ms. Anuja Agarwala							
10:25 am to 10:50 am (25 minutes)	Tiny Drops, Big Impact: The Importance of Newborn Screening for IEM	Dr. Saurabh Dani	Dr. Swati Manerkar							
10:50 am to 11:15 am (25 minutes)	Care for Rare!! Provisions for IEM in National Policy for Rare Diseases from a Hepatologist's Perspectives	Dr. Akash Shukla	Dr. Mahesh Balsekar							
11:15 am to 11:30 am	Tea/ Coffee break									

Session II	Moderat	or: <b>Neha Pichad</b>				
		Lecture (20 minutes)	Case presentation (5 minutes)	Case Discussion (Q & A) (20 minutes)	Chairperson	
	Topic	Speaker				
11:30 am to 12:15 pm	Toxic Tide: Unravelling Hyperammonemia in Infants with IEM	Dr. Chaitanya Datar	Urea cycle defect (Dr. Shivani Somani)	Ms. Vaisha <b>l</b> i Madkaikar	Dr. Rajwanti Vaswani	
12:15 pm to 01:00 pm	When Yellow Signals Trouble: It could be IEM	Dr. Archana Kher	Tyrosinemia (Dr. Shalmali Koyande)	Ms. Safala Mahadik	Dr. Surbhi Rathi	
01:00 pm to 01:45 pm	Lunch					

Session III	Moderator: Shrikant Jamdade											
		Lecture (20 minutes)	Case presentation (5 minutes)	Case Discussion (Q & A) (20 minutes)	Chairperson							
	Topic	Speaker										
1:45 pm to 02:30 pm	The Brain in Crisis: Acute Metabolic Encephalopathy in Neonates	Dr. Anitha Haribalakrishna	Organic Acidemia (Dr. Dishi Surana)	Dr. Sheetal Mhamunkar	Dr. Cyrus Contractor							
02:30 pm to 03:15 pm	Troubled Circuits: Neurological Presentations in Childhood Metabolic Diseases	Dr. Shruti Bajaj	Phenylketonuria (Dr. Shrikar Bagal)	Ms. Safala Mahadik	Dr. Milind Tullu							
03:15 pm to 04:00 pm	When Sugar Drops: A Metabolic Approach to Childhood Onset Hypoglycemia due to IEM	Dr. Ami Shah	Glycogen Storage Disorder (Dr. Suprita Khedekar)	Ms. Anuja Agarwala	Dr. Rachna Keshwani							
04:00 pm to 04:30 pm	Tea/ Coffee & Snacks											





Inborn errors of metabolism (IEM) represent a diverse group of genetic disorders that disrupt the body's homeostasis through impaired metabolic processes of a wide variety of essential nutrients and other molecules. Early diagnosis and intervention are critical to managing these conditions and in preventing irreversible target organ damage. Nutrition plays a central role in treatment of some common IEM by optimizing patient outcomes. This Continuing Medical Education (CME) program offers an in-depth exploration of the role of precision nutrition in the treatment of IEM, specifically focusing on its impact on paediatric care.

### Why Precision Nutrition Matters in IEMs:

IEM require individualized, meticulous dietary management to prevent toxic build-ups and metabolic crises. Tailoring nutrition strategies to



each patient's genetic makeup and specific metabolic needs is paramount to their health and development. Through precision nutrition, healthcare professionals can enhance patient outcomes, prevent long-term complications, and significantly improve the quality of life for children living with IEM.

## Why Attend This CME Program?

As paediatricians, geneticists, and dietitians, you are at the forefront of diagnosing, managing, and providing holistic care for children with



IEM. A comprehensive understanding of how precise, tailored dietary strategies can influence metabolic pathways will enhance your clinical approach and improve patient outcomes. This content strikes a balance between introducing the scientific importance of precision nutrition and highlighting its practical benefits for paediatric care, aiming to engage both medical and nutritional experts.

#### • Understanding IEM:

Gaining practical skills for suspecting & initiating management of common IEM encountered in paediatric practice.

#### • Precision Nutrition Approaches:

Learn how to create individualized, nutrientspecific plans to address metabolic needs in children with IEM and scope of monitoring required for these patients.

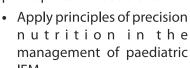
#### • Collaborative Care Strategies:

Explore effective collaboration between paediatricians, geneticists, and dietitians in the management of these complex conditions.

• The Role of Diet in Disease Management: Discover how dietary interventions can be used to correct metabolic imbalances, prevent complications, and enhance quality of life.

#### Learning Objectives:

Upon completing this CME, participants will be able to:





- Tailor dietary regimens based on specific metabolic abnormalities and genetic factors.
- Integrate collaborative care models to ensure a holistic approach to treating children with IEM.
- Utilize the latest research and tools to monitor nutritional status, growth, and developmental outcomes in paediatric patients with metabolic disorders.

### Target Audience:

This CME program is designed for paediatricians, geneticists, and dietitians who encounter children affected by IEM. Whether you're involved in the diagnosis, management, or



long-term care of these patients, this CME will provide valuable, cutting-edge knowledge to optimize clinical practice.

Join us for this unique learning opportunity to stay at the cutting edge of paediatric care of IEM. Together, let's empower ourselves with the knowledge needed to manage inborn errors of metabolism with precision.





Faculty:	Organizing Com Patrons	nmittee:					
Dr. Akash Shukla	Dr. Sangeeta Ravat	Dr. Zu	ıbin Periera				
Dr. Ami Shah	Dean Seth G. S. Medical Coll KEM Hospital, Mumba	ege & SRCC C i by Nar	Director Children's Hospital, Managed ayana Health, Mumbai				
Dr. Anitha Haribalakrishna							
Ms. Anuja Agarwala	Organizing Chairperson: Dr. Sunil Karande	Co-C	inizing hairperson: amta Muranjan				
Dr. Archana Kher	Di. Julii Karande						
Dr. Chaitanya Datar	Organizing Secretary:		: Organizing etary:				
Dr. Mamta Muranjan	Dr. Sheetal Mhamu	nkar Dr. Sh	rikant Jamdade				
Ms. Safala Mahadik							
	Treasurer: Dr. Aishwarya Lach		ibers: jwanti Vaswani				
Dr. Saurabh Dani	Di. Aisilwai ya Lacii		afala Mahadik				
Dr. Sheetal Mhamunkar		Dr. Mi	lind Tullu				
		Dr. Jai	ne David				
Dr. Shruti Bajaj		Dr. Neha Picha					
			adnya Jadhav				
Ms. Vaishali Madkaikar							
		•	f Pediatrics, Mumbai:				
	Dr. Rachna Keshwa						
	Indian Academy	of Pediatrics Mu	itrics Mumbai team				
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	<b>Dr. Sikha Agarwal</b> Secretary	<b>Dr. Jagruti Sangh</b> Treasurer	vi				

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For registration, Contact 022 24045803, 8369601772 on working days between 10 am to 6 pm																			
Registration is limited to 75 delegates. The CME is free for IAP members but prior registration is compulsory.																			
However, administrative charge of Rs. 200/- needs to be paid if you want MMC credit points.																			
Registration Form																			
Name of Delegate																			
Designation																			
Institute Name																			
IAP Membership Number:																			
Mobile Number																			
MMC Registration Number																			
Address																			
City													Pin	Cod	de				
Fmail ID																			

Bank details for payment of registration fees:

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A/C NUMBER: 10048722325
BANK NAME: IDFC FIRST BANK
IFSC CODE: IDFB0040104
BRANCH: CHEMBUR, MUMBAI



Once you have paid administrative/ registration charges, mail the delegate's name, NEFT transaction details, MMC number, email & mobile number to "mbiap@yahoo.com". Credit point will be credited to MMC number directly if the payment is received up to 24 hours before the CME, provided delegate has attended the whole program on the said date.